

Taijiquan Traditional and Expected Classroom Behavior

1. Come to class regularly and on time. Leave as a group (for safety).
2. If early to class, practice your exercises, form or Push Hands in preparation for class. Do not stare or interrupt other ongoing classes.
3. Wear appropriate attire consisting of all black, all white or all gray shirt and pants. Clean clothing. No T-shirts or shorts. Athletic or Taiji footwear. (depending on surface area) No excessive jewelry on hands and wrists. No perfume, as some students are adversely affected.
4. No discussions regarding "sensitive" or personal topics (i.e. politics, race, sex or religion). No unnecessary talking during class (Kung Fu, not Tongue Fu!)
5. Pay respect (salute/bow) to:
 - a. Enter and exit training area;
 - b. To teacher and assistant teacher at the beginning and end of each class;
 - c. To photos of Grand Master Feng Zhiqiang and Master Zhang Xue Xin at the beginning and end of each class; and
 - d. To fellow students before and after each Push Hands engagement.
6. Listen carefully, follow instructions and ask questions when needed and appropriate.
7. If pain or weakness develops, notify assistant instructor immediately, cease training and have a seat until you feel better (Pain-No Gain). Always inform your teacher of any physical impediment or limiting condition which you may have.
8. Respect your teachers, respect your fellow students, respect your Art and respect yourself. Do not discuss or practice other "Arts" during class time.
9. Pay tuition on time. If financial problems develop, see treasurer or assistant instructor to discuss alternatives. Do not discuss financial matters directly with SiFu. His primary interest is in teaching, not money management.
10. Do not come to class if you have cold or illness which could be contagious to others. Keep nails clipped and hands and nails clean.
11. No unsupervised martial or push hands competition with fellow students. Do no harm to anyone. Do not practice martial applications or Chin Na with force. Purpose of applications is primarily to illustrate the form, not to demonstrate martial superiority.
12. Do not take upon yourself the role of teacher. While students are encouraged to review together, they are not encouraged to attempt to teach without permission. This is the role of the teacher and his authorized assistants only.
13. Save technical questions until appropriate time. Bring questions regarding personal matters to the attention of assistant instructor first before talking to SiFu (such as matters relating to attendance, tuition, physical limitations, class scheduling, clarifications, etc.). Let SiFu concentrate on teaching.
14. Use appropriate forms of address to teachers (SiFu or Lao Shir) Assistant teacher (SiHing) or Master Zhang (Zhang Lao Shir).
15. Make an attempt to be present for the annual Founders Day Dinner (held every February) for entire school and for Master Zhang Xue Xin workshops.